



SILVER SPRINGS
CARE CENTER

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NEWS RELEASE

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Silver Springs' Regina Estrada Receives National Recognition as Certified Dementia Practitioner of the Year

MERIDEN, CT -- Regina Estrada, a Licensed Practical Nurse (LPN) at Silver Springs Care Center in Meriden has been recognized by the National Council of Certified Dementia Practitioners (NCCDP) as the 2018 Certified Dementia Practitioner (CDP) for her work in the field of dementia care.

The CDP of the Year award recognizes the impact that the recipient has with staff involved in dementia care and their ability to motivate their colleagues to set higher care goals with patient care.

The award is recognized as one of the nation's most prestigious awards in the field of dementia care. Regina was selected from a field of thousands of nominations.

Lynn Biot Gordon, COO of the NCCDP, and Rhonda Brand, President of the NCCDP, will present the award in person at the Silver Springs Care Center on December 18, 2018 at 11:30am.

Regina Estrada is Charge Nurse for Silver Springs' 39-bed Memory Care unit. She has worked at the care center for 32 years, starting 07/02/86 as a Certified Nurses Aide, received her LPN license in April 1990, and has been a Certified Dementia Practitioner (CDP) since 2017.

According to the NCCDP, Regina is able to meet the challenges of reaching beyond state and federal regulations regarding dementia education and care. Through the nominee's commitment to excellence in dementia care, the nominee inspires a lifelong passion for their colleagues' continued growth in patient care.

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About Silver Spring Care Center

Silver Springs Care Center is a 159 bed skilled nursing facility located in the greater Meriden area. The Care Center is rated five stars by Medicare and is a Silver Quality Award winner from the American Health Care Association. Silver Springs provides short and long term care, Veteran's care, behavioral health and substance use treatment and is a Greater Hartford Memory Care Center.

About National Council of Certified Dementia Practitioners

The NCCDP is open to all health care professionals and front line staff who are interested in receiving comprehensive dementia education through live training, who value live dementia education training, who qualify for CDP certification and who are committed to ending abuse and neglect of our elders.

NCCDP members work in assisted living facilities, nursing homes, adult day cares, hospitals, CCRCs, retirement homes, rehab centers, mental health facilities, independent living facilities, senior centers, doctors' offices, home care agencies, hospice agencies, mobile dentistry, elder law practices, private consulting firms, government agencies, such as the AAA, ombudsman offices, regulatory bodies, such as state surveyors, associations, private practices, management companies, learning institutions, senior centers and 55 plus communities, etc.

About iCare Health Network

iCare Health Network (IHN) provides management, operating and consulting services to skilled nursing facilities and other healthcare providers. Through its managed facilities IHN offers a range of services including medical, short-term rehabilitation, long-term care, behavioral health, substance use management, and memory care & support services. IHN manages ten sites in Connecticut including four Touchpoints Rehab centers, six Greater Hartford Memory Care Centers, and SecureCare Options/60 West. IHN also offers LTC Integrity audit tools, separate outpatient therapy, rehabilitation and home care units and specializes in healthcare real estate transactions and skilled nursing turnarounds.